

# Namibia add-on projects



## Overview

<b>Locations</b>	See map
<b>Duration</b>	1 week
<b>Dates</b>	All year-round
<b>Capacity</b>	Max. 9 -12 volunteers at one time
<b>Requirements</b>	<ul style="list-style-type: none"> <li>• Minimum age: 18</li> <li>• You must have an Intermediate level of English (B1) and be physically fit</li> </ul>
<b>Your impact</b>	♥ ♥
<b>Documents required</b>	See main (stand-alone) project you will book in Namibia
<b>Day of arrival</b>	Saturday (Monday for Animal Husbandry Sanctuary)
<b>Day of departure</b>	Saturday (Friday for Coastline Preservation, Monday for Animal Husbandry Sanctuary)

Namibia is a fascinating country that cannot be compared to any other. It's a place to experience wide-open spaces, unique adventures in its unspoiled desert sands, friendly people, unique heritage and magnificent landscapes.

Visiting this African paradise allows you to not only immerse yourself in the experience of a lifetime but also support various conservation ideals, paired with the right touch of culture, adventure and exciting activities. For Namibia it's a conservation dream... for you we make it a conservation adventure.

These three **stand-alone projects** can be booked for their minimum pre-requisite duration:

- Medical Project
- Wildlife Conservation
- Primary School Project

... and combined with one or more of the following **one-week add-on projects**:

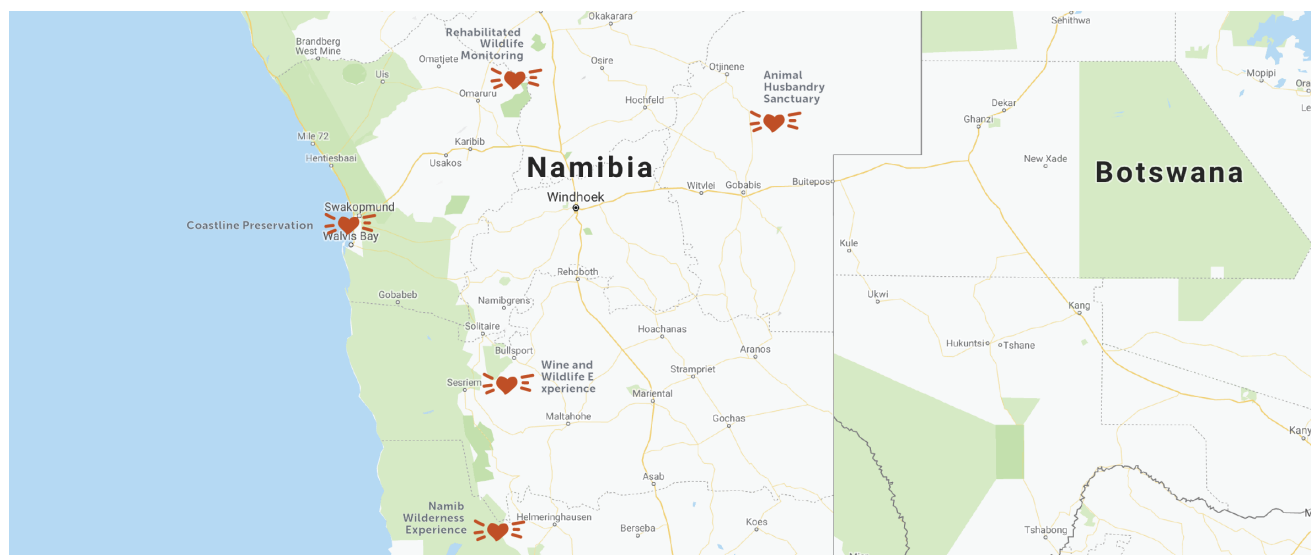
- Namib Wilderness Experience
- Wine & Wildlife Experience
- Rehabilitated Wildlife Monitoring
- Animal Husbandry Sanctuary
- Coastline Preservation

Add-on projects are voluntourism projects focusing on discovering the country, adventure, fun activities and a little bit of volunteering. It's a fantastic and economic way to better explore Namibia's variety and beauty.

**Please note that add-on projects cannot be booked as stand-alone projects but must be combined with one of the above mentioned three stand-alone projects.**

For the best combinations, please contact us at [bookings@goodhopevolunteers.com](mailto:bookings@goodhopevolunteers.com)

## Project locations





# Animal Husbandry Sanctuary



## Highlights

- Help reinforce animal welfare & experience wild animals being released into the wild.
- Create a forever home for those animals that can't be released back into the wild anymore.
- Learn secrets of the San (survival in the bush, traditional medicines, hunting techniques, animal tracking, how they lived thousands of years ago).
- Join the San in singing and dancing around their homestead fire, spend a night with them.
- Namibian sunsets and a refreshing drink in hand, that's unbeatable – enjoy special sundowners!

## Project information

This 50-year-old sanctuary in Namibia's east, not far from the Botswanan border and a bit over three hours away from Windhoek, offers a wonderful experience for animal lovers to care for the many animals and get in touch with the very ancient culture of the San people at the same time.

Wildlife finds its way to the Animal Husbandry Sanctuary in four ways:

- Injured animals
- Orphaned animals
- Animals that come into conflict with humans
- Animals that were raised as pets, and subsequently need an alternative home.

Some animals can be rehabilitated and released back into the wilds of Namibia.

There is a structured process of rehabilitation before releasing any animal back into the wild:

- Is the animal anatomically and physiologically adapted for the wild?
- Is the animal disease-free and not posing risks to the wild population if released back into the wild?
- What is the conflict potential with humans after rehabilitation back into the wild?
- Is the animal habituated to humans?

- Does the animal know its natural enemies when released back into the wild or is it predator naïve?

If an animal cannot be rehabilitated, it finds a forever home at the Animal Husbandry Sanctuary.

Animal welfare, encompassing both the mental and physical well-being of animals, is the Sanctuary's top priority.

The Sanctuary has a large community of San living on the property; some have lived here for over 50 years. The San have one of the world's most ancient cultures, steeped in ancient traditions. A family group of San from the Doupos area in Namibia's northeast teaches the younger San generations skills and traditions that would otherwise be lost in today's modern world.

It's the Sanctuary's aim to empower and protect the San people who work here. This is accomplished by providing them with education for their children, healthcare, and job opportunities.

## Programme details

This volunteer program started in 2006. You will experience a life-changing experience if you come here with an open mind, ready to learn, ready to have fun, and ready to help.

## Your role

Volunteers get deeply involved in animal rehabilitation and welfare.

## Tasks

- Food preparation, feeding and night care (including bottle feeding)
- Baboon experience & vervet monkey walk for them to gain crucial daily exercise
- Enclosure cleaning
- Carnivore feeding (lions, cheetahs, leopards, African wild dogs, caracals)
- Dog walk experience helping them to improve cardiovascular fitness, lower blood pressure, develop stronger muscles and bones and decrease stress.

## Accommodation

Volunteers sleep in wooden cabins with 4 single beds. There is a shared bathroom in each cabin. An upgrade to the lodge accommodation is possible if there is availability.

The volunteer area also provides a swimming pool which is always popular in free time.

Free laundry service is provided.

## Meals

Three full meals are served in the volunteer area daily.

The project also adapts to special dietary requirements, and you need to specify this with your enrolment.

## Free time

Further activities with additional costs are available during your free time:

- Sundowners within Namibia's fascinating landscape
- San Skills Academy
- Hunting and night out with the San
- Saturdays consist of activities in the afternoon and braai (BBQ) nights.



# Coastline Preservation



## Highlights

- Getting involved and contributing to the coastline preservation of this area
- Going on a Swakopmund exploration
- Camping at Jakkalsputz & St. Nowhere
- Observing the seal colony at Cape Cross
- Enjoying special sundowner & braai

## Project information

The Coastline Preservation Project is based at Long Beach, south of the charming coastal town of Swakopmund. It's the perfect place to discover a conservation-rich world, paired with historical flair and adventurous activities. The result is a volunteer project encompassing a world of conservation, adrenaline, and the spice of Namibia's colonial history in a landscape that is unique, even in Namibia.

## Programme details

The project's main goal is to promote sustainable practices and provide education as to the importance of coastal ecosystem conservation for biodiversity maintenance.

The initiative strives to protect both, marine and bird species that are under threat of destruction from irresponsible tourism and fishing.



## Your role

Learning about the key conservation importance and value of this coastal ecosystem form the focus of this unique volunteer experience.

### Conservational Tasks

- Cleaning up waste material along the coastline
- Offloading, weighing and documenting waste at the recycling plant
- Assisting entangled or injured wildlife

### Leisure activities while at the project

- Camping at Jakkalsputz
- Observing the seal colony at Cape Cross
- Camping at St. Nowhere
- Going on a Swakopmund exploration
- Enjoying a Living Desert Conservation tour
- Kayaking with seals in Walvis Bay
- Quad/Fat biking on the dunes

Many of these activities may have an additional cost, to be paid on-site.

## Accommodation

The volunteer accommodation is in a 3-bedroomed house. Volunteers stay in shared bedrooms of 3 persons of the same gender. All bedrooms have an en-suite bathroom that is shared by the volunteers.

The volunteer house provides a central dining area where volunteers have communal meals and a view of the ocean.

Free laundry service is provided.

### Meals

Three full meals are served daily.

The project also adapts to special dietary requirements, and you need to specify this with your enrolment.

## Free time

Further activities with additional costs are available during your free time:

- Living Desert Tour
- Dune quad-biking (2 hours)
- Kayaking with seals
- Fat Bike Tour in Swakopmund (3 hours)
- Skydiving

# Namib Wilderness Project



## Highlights

- Help with environmental rehabilitation and landscape conservation in a unique desert setting.
- Enjoy a combination of many fun-filled activities (climbing sand dunes, dune boarding etc.)
- See lots of desert-adapted wildlife – sightings are guaranteed.
- Enjoy night drives and sleep-outs.

## Project information

The Namib Wilderness Experience is located in a desert area south of the Naukluft National Park in the Karas District of Namibia, approximately 7 hours from Windhoek.

Please take into consideration that the transfer to the project takes about 7 hours.

Red sand dunes, vast open grass plains and imposing mountain ranges make up the serene surroundings of the area. Home to an array of desert-adapted wildlife, the region encompasses 352 km<sup>2</sup> of desert scenery where volunteers will get involved in vital conservation activities while enjoying the beautiful surrounding. Educational presentations about animals and nature will be provided by the project.

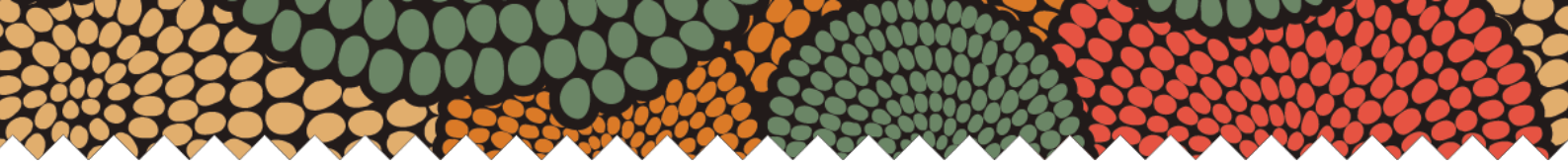
## Programme details

Herbivores of all sizes are an integral part of African ecosystems.

In the vast Namib Desert, it is critical to understand local ungulate population dynamics and migrations to ensure a sufficient water supply. At the same time, ungulate populations need to be assessed against the available vegetation to avoid damage to the ecosystem, for example, from overgrazing.

Volunteers will participate in regular game counts on either horseback or by car to assist in these





monitoring efforts. Historically, the project has historically been home to large herds of migratory and desert-adapted oryx (gemsbok) and springbok but also contains less-known species such as the greater kudu or klipspringer. Ostrich populations will also be counted.

During the early resource identification stage and continuous monitoring of wildlife populations, the project relies on “additional eyes” in the form of motion-triggered camera traps. Because the cameras record data 24/7 every day of the year, they often “observe” wildlife that humans overlook. Moreover, the cameras are non-selective and therefore capture information on all wildlife that passes in front of them, whether carnivores, herbivores, birds, or others. This helps the researchers assess which species are present and where they are most active, especially for usually cryptic animals or entirely nocturnal animals.

The cameras are non-invasive and sometimes record interesting behavioural data that we would otherwise have no access to.

Volunteers will help set cameras in the field, maintain them, but also go through the abundance of images to assess and structure the data recorded.

### Your role

Volunteers may be involved in environment rehabilitation and landscape conservation.

### Possible tasks could include:

- Camera traps maintenance and sorting through camera trap images and collection
- Maintenance and security on the reserve
- Game counts
- Night drives and sleep-outs
- Educational hiking
- Research
- Environmental rehabilitation, including wire braiding and general fence work
- Forest conservation revegetation project and learning about the desert

### A possible working schedule could be:

Sunday to Friday:

- 07:00 - 08:00 Breakfast and morning meeting
- 08:00 - 13:00 Hands-on work and activities
- 13:00 - 14:30 Lunch and afternoon meeting
- 14:30 - 17:00 Hands-on work and activities
- 18:00 Dinner

Example of a weekly schedule:

**Saturday:** Arrival, orientation /evaluations, departure/ free time

**Sunday:** AM: hike (looking for tracks, territorial markings and educational activity)  
PM: downtime and CT sorting  
Evening: free time

**Monday:** AM: game count - south  
PM: fence rolling  
Evening: movie night (sleepout in summer and autumn)

<b>Tuesday:</b>	AM: hike (climb a mountain) PM: CT sorting and wire branding Evening: cocktail night (might be on another night)
<b>Wednesday:</b>	AM: game count - north PM: fence rolling/ branding/installation Evening: potje night / bush braai (BBQ) in summer, autumn and spring
<b>Thursday:</b>	AM: hike (going to a valley) PM: presentations/ Queen's Canopy Evening: sundowner/ sandboarding
<b>Friday:</b>	AM: sunrise breakfast and car wash PM: free time & boere sport Evening: braai (BBQ)

**It is important to note that this description serves as an example only. The daily tasks and challenges depend on the volunteer, the time of the year and the work that needs to be done. The final job description can therefore vary substantially from the above.**

## Accommodation

The volunteer accommodation is in a 5-bedroomed farmhouse. Volunteers stay in shared bedrooms of 2 – 4 persons of the same gender. All bedrooms have an en-suite bathroom that is shared by the volunteers.

The volunteer house also has an inviting swimming pool which is always popular in free time.

Free laundry service is provided.

### Meals

Three full meals are served daily.

The project also adapts to special dietary requirements, and you need to clarify this with your enrolment.

## Free time

Volunteers usually get the Friday afternoons and Saturdays off. Friday nights are usually braai & dance nights but there are many more activities available:

- sundowners
- swimming in natural pools
- cocktail night
- blowcarting (If there is wind)
- dune boarding
- sunrise breakfast
- boer sport
- horse riding (if available)
- sleep-outs
- photography lessons (If interested)

Many of these activities may have an additional cost, to be paid on-site.

# Rehabilitated Wildlife Monitoring



## Highlights

- An African safari with the added benefit of making a difference
- Help protect rescued and rehabilitated animals
- Wilderness & night drives
- Guided nature walks – tracking the big four (no buffalo)
- Sundowners and braai (BBQ) night

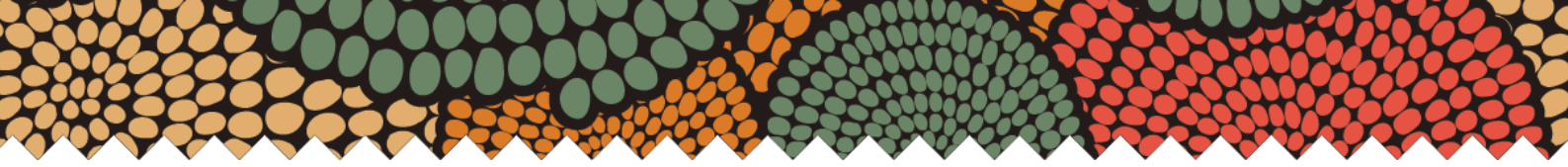
## Project information

Located in Namibia's west, about 60 km from Omaruru, bordering north of Erindi, this 30,000-hectare nature Reserve is home to any wildlife species imaginable as well as rescued and rehabilitated wildlife, all protected by a formidably trained anti-poaching unit. Forming a vital release site for conflict carnivores and the re-establishment of wildlife, this reserve is a conservation gem and a volunteer project of massive proportions.

## Programme details

The main role of this site is to provide a second chance and forever home to a great many rescued and rehabilitated animals. This includes wildlife coming from a variety of human-wildlife conflict cases across the country. Many animals would have lost their lives in areas of drought and the resulting skirmish with people if this reserve hadn't rescued them. Lions, for example, on the verge of starvation and driven by hunger, entered rural communities in search of food, leading to a potential





persecution of these magnificent big cats. Translocated to the Rehabilitated Wildlife Monitoring Nature Reserve, a number of lions now roam free on the wild expanses – their future secured. Similarly, elephants, African wild dogs and white and black rhinos have also been provided with a second chance – all species protected by the vigilant anti-poaching unit.

Another purpose of this project is to help conserve the landscapes and improve the lives of the people it works with through innovative sustainable commercial activities. This is done through encouraging participation, education, and scientific research.

### Your role

The hands-on experiences offered guarantees to enhance skills and knowledge.

### Tasks

Volunteer activities will include:

- Maintenance of camera traps
- Monitoring camera trap images
- Monitoring GPS data from collared carnivores
- Participating in the release of wildlife (should the occasion arise)
- Learning tracking skills
- Road maintenance
- Fence maintenance
- Game counts
- Research of local ecology
- Carnivore research
- Habitat sampling

## Accommodation

The comfortable volunteer house offers twin rooms with ensuite bathroom and a breathtaking view over the reserve. The house has a spacious dining and living area, as well as a relaxing terrace with BBQ facilities.

The volunteer house also has an inviting swimming pool which is always popular in free time.

A free laundry service is provided.

### Meals

Three full meals are served daily.

The project also adapts to special dietary requirements, and you need to specify this with your enrolment.

## Free time

Additional activities with additional costs are available during your free time:

- Wilderness drives
- Guided nature walks – tracking the big four (no buffalo)
- Discover ancient rock engravings

# Wine and Wildlife Experience



## Highlights

- Wine Tour including wine tasting
- Enjoy a week full of adventure
- Daily hiking tours e.g. Naukluft
- Discover ancient canyons and caves, fascinating geological formations and natural fountains
- Sossusvlei day excursion
- Enjoy sundowners with a sleep-out under the stars

## Site information

The Wine and Wildlife Experience site is nestled at the foot of Namibia's Naukluft Mountains, in the Hardap Region (Maltahohe District) of Namibia bordering the Namib desert. Windhoek is about 5 hours away.

This unique Wine and Wildlife Experience is the perfect location for those wanting to experience adventure. With a combination of fun-filled activities, from climbing sand dunes to swimming in natural pools, this adventure week offers volunteers an opportunity to visit some of the most spectacular areas in Namibia.

While here, you of course get the time to taste the unique wines and get a glimpse into what goes into producing wine in the second driest vineyard in the world. Depending on the time of year, you may also have the opportunity to be involved in harvesting or helping with bottling and labelling the wines.

The estate is also home to seven cheetahs, brought here after being involved in human-wildlife conflict.

It is a unique site and an iconic experience for adventure enthusiasts which remains focused on ongoing conservation efforts in the country, where profits from the wine sales feed back into conservation.



## Programme details

A guide will accompany you on all activities.

### What to expect:

- Hiking: both on and off site. Experience epic sand dunes at Sossusvlei and the famous Olive Trail in the Namib Naukluft Park (approximately 5-10km daily).
- Team building activities such as pizza making and potjie evenings.
- Sleep-outs under the Namib desert's breathtaking night skies (season and group dependent). All sleeping equipment provided. It is advised to bring your own sleeping bag.
- Wine tasting and insight into the wine-making processes, including grape harvesting, bottling and or labelling the estate's unique wines.
- Magnificent sunrises and sunsets.
- Animal husbandry: the daily feeds of the cheetahs provide fantastic photographic opportunities in a wild setting.

## Accommodation

The project offers twin-bed, tented accommodation in a secluded camping area, just a short walking distance from the main area. The tent will be shared with a volunteer of the same gender.

Open air bathrooms and no electricity bring you that one step closer to nature. A swimming pool and onsite bar provide a place to relax and catch up with fellow volunteers.

There is a free laundry service provided daily.

### Meals

Three full meals are served daily.

The project also adapts to special dietary requirements, and you need to specify this with your enrolment.

## Local transport and excursions

As this is a fully scheduled activity week, there will be additional costs for the various activities which make up this adventure week.

Excursion transfers, park entry fees, and any other activity costs will need to be paid on site.



# General Information

## Getting to and from the add-on projects

You need to arrive at Hosea Kutako International Airport in Windhoek, Namibia, where you will be collected by a project member and transferred to your chosen stand-alone project. Please make sure to arrive and depart during daylight hours.

### Arrival

Transfers to your add-on project take place on Saturdays.

### Departure

Return transfers take place on Saturdays; the Coastline Preservation return transfer takes place on Friday.

## What to bring

Please take the **compulsory uniform** with you that you have already received at your main project before joining any of the above indicated add-on projects.

**It is crucial for you to read carefully the “What to bring” section on your main project pdf description carefully and make sure you take those items to your add-on projects too.**

The most important items to bring are:

- Further clothing depending on the time of year you visit
- Toiletries 'Go Green' (biodegradable products, shampoo and soap bars)
- Sleeping bag: useful for winter months, possible overnight sleep-outs in the field or if you plan to travel outside of your project
- Sun protection (sunglasses, sun cream, lip balm) (high UV protection)
- Torch and batteries
- Camera/batteries/film or memory card
- Water bottle - at least 75cl 'Go Green'
- Day pack/rucksack for everyday use
- Swimming towel
- Plug adaptor (3 large round pins)
- The evenings can be quiet so bring books, cards, board games, etc.
- Personal first aid kit and personal medication e.g. prescription drugs/inhalers
- Mosquito repellent (look out for environmental-friendly ones)

## Your commitment

Please be aware that in applying for a volunteer project, you are making a firm commitment to the project. It is necessary that you take this commitment seriously.

Your daily presence is required and working hours are to be followed strictly. Not fulfilling your obligation can result in your dismissal from the project.



## Cell phone use during working hours

We kindly ask that you refrain from using your cell phone during work hours as this will distract you from doing the work at hand. Due to strict privacy laws, taking photographs of people, particularly children, is in most cases prohibited.

Volunteers who would like to take photographs at their projects are free to communicate this directly to their project supervisors for guidance and instruction.

### *Electricity:*

You need to be sensible when using electricity as it is much more of a luxury in Africa. You should also be prepared for power cuts, as these are common, and you will need to be flexible about charging your items.

## What to wear

It is compulsory to wear a volunteer uniform during your working hours (received at your main projects site).

- Trousers or knee length shorts – khaki, olive green or denim (to be brought from home)
- Closed, sturdy footwear

### **Uniformity of all**

The supervisors in Namibia would like to ensure that all those working at the project sites, staff and volunteers alike, look professional at all times. It is expected that all volunteers follow this policy and be accountable for their appearance. This new policy is geared to improving security and aims to strengthen the Namibian projects responsibility of providing a safe working environment for volunteers and staff members alike.

Any volunteers found inappropriately dressed will be given a written warning and asked to leave the project if the written warning is ignored.

## Insurance

### Travel insurance

We strongly recommend that you take out full personal insurance cover.

This should include protection against theft and against loss of fees, should the whole or part of a programme or activity or accommodation not be attended.

### Medical insurance

You are required to take out medical insurance before travelling.

You must ensure that you are covered from the day of departure in your home country to the day of arrival back in your home country. The minimum coverage must be US\$ 100.000 and, as part of the enrolment process, you will need to email us a copy of your insurance policy documentation.



## Health

In general, no vaccinations are required for travellers going to Namibia. Please note that for this project a rabies and tetanus vaccination is highly recommended. Clients should consult their doctor for any other recommendations.

A yellow fever certificate is compulsory for those persons who have travelled from, or intend travelling through, countries in the yellow fever belt:

Africa: Angola, Burundi, Benin, Burkina Faso, Cameroon, Central African Republic, Chad, Congo, DRC, Equatorial Guinea, Ethiopia, Gambia, Gabon, Guinea, Guinea-Bissau, Ghana, Ivory Coast, Kenya, Liberia, Mali, Niger, Nigeria, Sao Tome and Principe, Senegal, Sierra Leone, Somalia, Sudan, Rwanda, Tanzania, Togo, Uganda.

South America: Bolivia, Brazil, Colombia, Ecuador, French Guyana, Guyana, Panama, Peru, Surinam, Venezuela, Argentina and Paraguay.

Bring medication just in case you suffer from any travel-related illnesses, e.g. stomach upsets, since your body needs to adjust to the change in food and water during your first few days in Namibia.

It is important to keep in mind at all times that HIV and Aids are widespread diseases in Namibia.

Make sure you are up to date on routine vaccines before every trip. We recommend that you make contact with your local vaccination services. The vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine and polio vaccine. In addition, we recommend Hepatitis A, typhoid and rabies. You can get hepatitis B through sexual contact, contaminated needles, and blood products, so this vaccine is recommended if you might get a tattoo or piercing.

Please contact us at Good Hope Volunteers should you have any questions about this.

## Safety

While all safety precautions are followed, you are still often working with animals during your add-on projects and must be aware of this at all times and follow the project's safety guidelines at all times.

## What's included / not included

### Included:

- Project placement
- Airport transfer on arrival and departure (Hosea Kutako International Airport in Windhoek)
- Accommodation (full board)
- Towels
- The **mandatory uniform** consists of 1x T-shirt and 1x zip-off trousers (received at your main project)
- An orientation at the beginning of your volunteering
- Electronic certificate (printed copy on request)
- Local support including a 24-hour emergency number
- Wi-Fi





### Not included:

- Telephone calls
- All items of a personal nature
- Entrance fees, some additional transfers, most excursion expenses
- Flights & medical insurance

### Visa

From 24 August 2019 onwards, all volunteers joining the Namib Wilderness Experience can enter Namibia on a Tourist Visa, valid for 90 days. They will receive the visa at the airport when entering the country. All visitors require a passport for entry into Namibia, which must be valid for at least 6 months beyond the intended stay in the country and have sufficient pages for entry and exit stamps. All visitors must also have a valid return ticket.

Extensions for a further three months are available from the Ministry of Home Affairs in Windhoek, and the on-site team can assist if a visa needs to be extended.